



Love

Putting others' needs ahead of my own.

Joy

Resting in the deep comfort that God is in control.

Peace

Conquering anxiety & conflict through God's promises.

Patience

Enduring hardship without anger or complaint.

Kindness

Serving others generously in act & thought.

Goodness

Acting out of selfless desire to serve others.

Faithfulness

Showing trustworthiness, dependability, honesty and ethical behavior in all your relationships and dealings.

Gentleness

Using my strengths with humility and grace.

Self-control

Saying "no" to the desires of our flesh.



10.8.23

Please, Get a Grip!

Galatians 5:13-26



1. The nine qualities/characteristics that make up the Fruit of the Spirit are a portrait of Christ. Look up each reference that corresponds with the fruit and jot down how Christ exhibits these characteristics and what effect does/should this quality of Christ have on you:
 - Love - John 10:17-18, John 15:13
 - Joy - John 15:11, John 17:13
 - Peace - John 14:25-27, Colossians 3:12-17
 - Patience - I Timothy 1:16, II Peter 3:15
 - Kindness - Titus 3:4-7
 - Goodness - I Peter 2:1-3
 - Faithfulness - II Thessalonians 3:3, II Timothy 2:11-13, Revelation 1:4-5
 - Gentleness - Matthew 11:28-30, II Corinthians 10:1
 - Self-control - Matthew 27:32-44 (example)

2. Meditate upon the complete list of the Fruit of the Spirit with the corresponding definition given (handout) and prayerfully consider what God is asking you from this sermon series. Where do you need to repent? Where do you need to be intentional about change? Which characteristic do you notice in someone you know that you might encourage them this week?

Connection Card Next Steps - Memorize Galatians 5:16

***I will take** the Fruit of the Spirit handout and daily meditate on a different quality each of the next 9 days seeking to apply it in some practical way that day.

***I will be** an encouragement to someone by pointing out various evidences of the Fruit of the Spirit in another's life this week.