

10.16.22

## Lord, Hear Our Prayer

Matthew 6:9-18



1. We have now concluded our study of the Lord's prayer by studying each of the 6 petitions it contains. The 6 petitions are listed below. Beside each petition, write down a personal prayer request that fits that specific petition - (I have done the first one for you as an example):
  - "Our Father in heaven, hallowed be your name." (God, please help me to glorify you today by sharing with at least one person how good you have been to me)
  - "Your kingdom come."
  - "Your will be done, on earth as it is in heaven."
  - "Forgive us our debts, as we also have forgiven our debtors."
  - "Lead us not into temptation, but deliver us from evil."
  
2. The biblical record of fasting reads like a literal "Who's Who" of the Scriptures. Look up these verses and write down **who** fasted and **why**:
  - Exodus 34:27-29
  - Ezra 8:21-23
  - Joel 2:12-13
  - Esther 4:12-17
  - Nehemiah 1:1-11; 2:1-8
  - Acts 13:1-3; 14:21-23
  
3. What is the main takeaway for you from this study on the Lord's prayer and fasting that you can apply to your life today?

Connection Card Next Steps: Memorize Matthew 6:17-18

**\*I will** get alone with God after fasting one or more meals so that I may humble myself before God and I might hear from God.

**\*I will** use the Lord's prayer every day this week as a pattern by using each of the 6 petitions as categories to help shape my personal prayers.