3.13.22 Gentle and Lowly Matthew 11:28-30



1. Meditate on Matthew 11:28-30 and share/write down at least three insights and personal takeaways:

2. Jesus says all those who are "weary and heavy laden" should come to Him, and He would give them rest. Look up the only other use of "heavy laden" in Luke 11:46 and determine what Jesus means by those who are "heavy laden" and how does Jesus give this rest?

3. There are three commands in Matthew 11:28-30. What are they? Notice the sequence of the commands, and what is the takeaway from that sequence of commands?

4. Read Proverbs 4:23 and share what is the practical application for you:

Connection Card Next Steps: Matthew 11:28-30

I want to come to Christ and receive the rest He promises to give by taking away my sins. Matthew 11:28-30 teaches me that Jesus is accessible and approachable, so I commit to speaking to Him daily this week through specific times of prayer.