## 7.18.21 **Down, But Not Out** I Kings 19:1-18



1.	Elijah's downward spiral started in verse 3 of I Kings 19 where it says, "Then he was afraid." II Timothy 1:7 reminds us that God gave us a spirit NOT of fear, but of power and love and self-control. Study the following passages and write down observations about what God says concerning fear: I John 4:18, Hebrews 13:5-8, Psalm 27, Psalm 56:3, Luke 12:4-7, and Romans 8:15.

2. Elijah was a man with a nature like ours. Because of that, he was susceptible just like us to wrong thinking. Look up the following passages and write down what right thinking looks like: Philippians 4:8, Colossians 3:2, and I Corinthians 4:2.

3. Take some time to review how God personally provided for you in the past, how He was patient with you, how He displayed His power to you, and how His plan has been perfect. Use this review to have a time of personal worship with your great God through prayer!