3.7.21Remember and Refocus1 Corinthians 11:23-32



1. In the early church, how often did they partake of communion (Acts 2:46)? As the church grew and spread, how often (Acts 20:7)? And then the last guidance the Scripture gives for how often the believers participated in communion is what (1 Corinthians 11:23-36)? So how often should a church observe communion and what are the pros and cons of doing it more often or less often?

- 2. Pastor mentioned 4 purposes for observing communion and 4 specific action steps that correlate to the 4 purposes:
 - Reflection: Look back on what Christ has done.
 - Anticipation: Look ahead to what Christ will do.
 - **Examination:** Look in to see what Christ wants to do.
 - **Participation:** Look around to see what Christ is doing.

Discuss the importance of these 4 purposes and corresponding action steps and share which of these God most impressed upon you.

Connection Card Next Steps: Memorize 1 Corinthians 11:27, 28

I commit this week to examining myself to see what Christ wants to do in my life and then surrendering to His will for it to be done. I desire to be a follower of Christ by believing in Jesus and becoming a child in the family of God.